



2020 YMCA National Gymnastics Championships Schedule of Events

The Lakewood Family YMCA and the YMCA of Greater Long Beach are thrilled to host this year's event. We're excited to create "Waves of Influence" and have you explore Long Beach.

The competition will be at the 'Long Beach Convention Center'. The address is listed at 300 East Ocean Blvd., Long Beach and the entrance is on Pine Avenue. The Opening Ceremonies will be held at the 'Arena' and has the same address, but it's the circular building with the *Wyland Whaling Wall* painting.

Need more info about the area? <https://www.visitlongbeach.com/>

<https://vacationidea.com/california/best-things-to-do-in-long-beach.html>

Need more info about hotels? <https://pse.tournamenthotels.com/pse/Event/3300>

<https://hotelguides.com/california/long-beach-convention-and-entertainment-center-ca-hotels.html>

| | | | |
|--------------------|--|--|---|
| June 23 (Tuesday) | Equipment Set-Up Team Check-In Senior Reception <i>Invitation Only</i> | (Host Team & Volunteers) LB Convention Center LB Convention Center Speaker: Kyla Ross | 12:00 am – 6:00 pm 6:00 pm – 7:30 pm Olympian/UCLA |
| June 24 (Weds) | Opening Ceremonies Opening Ceremonies Team Check-In ***Open Work-Outs ***Coaches Meeting | Line Up Athletes/Coaches LB Arena (Whale Bldg.) Speaker: Valorie Kondos Field "Miss Val" – UCLA *Meal will not be provided LB Convention Center Levels 6-Champ, Xcel D&P Teams assigned 1 hr. blocks (depends on #'s) 1 coach per team required | 9:00 am – 10:00 am 10:00 am – 1:00 pm 2:00 pm – 8:00 pm 2:00 pm – 6:00 pm 6:30 pm – 7:30 pm |
| June 24-28 | Aquarium Tickets **(One day use) | (Estimated times) (Late Night Open June 25) | 9:00 am – 6:00 pm 9:00 am – 9:00 pm |
| June 25 (Thursday) | Competition | Various Levels | |
| June 26 (Friday) | Competition | Various Levels | |
| June 27 (Saturday) | Competition Finals Closing Ceremony Tear Down | <u>Various Levels possible depending on #'s</u> Level 8 & Championship L 8, Championship, Team Awards, All-Americans | |

*Various food discount coupons will be provided in goodie bags

**You can use the Aquarium Tickets one of these days

***Time may adjust depending on #'s of athletes competing
Schedules will be posted after all entries have been received.

